



February 2025

Dear Parent/Carer

As we approach the holy month of Ramadan, I want to take a moment to acknowledge the significance of this important period for our Muslim families.

Ramadan begins tomorrow with Eid-ul-Fitr likely to the 31st March. This is an extremely important time for our Muslim families. Ramadan is a period of prayer, self-control, charity and goodwill to others. For our Muslim and non-Muslim children, this is an excellent opportunity for them to think about self-discipline and consideration of other people.

Part of Ramadan is fasting, which is one of the Five Pillars (fundamental religious duties) of Islam. Muslims believe fasting has many benefits, such as feeling closer to God, establishing a healthier lifestyle, developing better habits, understanding of self and establishing better relationships with others.

Often, children's attendance is affected during Ramadan. It is still a legal requirement for all children to attend school, so we respectfully ask that you ensure that your child attends every day and that they arrive on time. Furthermore, to ensure that our children continue to learn to the best of their ability, the school requires that every pupil participate in the whole curriculum.

Safeguarding

Safeguarding is paramount and safeguarding concerns override all others. Therefore, if the school notices signs of dehydration or exhaustion, the child will be asked if they are fasting and will be advised to terminate the fast immediately by drinking water. Staff will reassure them that Islamic rulings allow them to break the fast in such circumstances and make it up later.

PE staff will expect all pupils to participate but will be considerate towards those who are fasting and they will not be required to do extra-strenuous activities and will be provided with the opportunity to have a rest and/or go slow.

As a school we offer a bespoke provision for fasting pupils which includes prayer space, staff allowing fasting pupils to spend time in their classrooms at lunchtime and any child eligible for free school meals will have the opportunity to collect a food bag that they can take home and eat later as an alternative to the standard free school lunch.

Many of the adults in our school will be fasting, so we understand the sacrifices that we need to make as adults.

May you and your family have a Ramadan filled with peace and serenity.

Yours faithfully

C. Dewse
Headteacher